

Finding the Other You

A Self-reflective Workshop

A Saturday, late morning workshop beginning with 30min. yoga (beginners welcome) then diving into your own personal answers to a variety of thought provoking questions inspired from "The Artists' Way". Fun questions that allow that other, creative part of you to leap for joy at being recognized! Discussion afterwards, ending at 12noon.....and the Ferry Building Farmers Market is just a few blocks away to enjoy the rest of the day! I'll try to manifest some sunshine for you (smile). \$25 MUST PAY IN ADVANCE:
<http://thebhaktistudio.org/Location.html>

