

# Thanksgiving before Thanksgiving..... A Gratitude Workshop



Celebrate Thanksgiving before Thanksgiving in good company! Begin with yoga (beginners welcome) then enjoy a "clipping fest" of images that stir your soul into gratitude. Create your own collage, all to the groove of uplifting Rasta Music and a spread of colorful foods for brunch; fried bananas, rice, beans, boiled eggs, raisin bread, lime chicken, paprika & cinnamon chicken, Rum&OJ, Coffee, and a lot of smiles!

\$35 MUST PAY IN ADVANCE: <http://thebhaktistudio.org/Location.html>